

NORTH YORKSHIRE COUNTY COUNCIL
YOUNG PEOPLE OVERVIEW AND SCRUTINY COMMITTEE

21 June 2013

EVERY CHILD MATTERS (ECM) IN NORTH YORKSHIRE -
HEALTH RELATED BEHAVIOUR QUESTIONNAIRE (HRBQ) SURVEY 2012

1.0 Purpose of report

- 1.1 To update The Young People Overview and Scrutiny Committee regarding the ECM HRBQ survey 2012

2.0 Reference Documents: 2012 ECM-HRBQ County Summary Report attached as Appendix A

3.0 Commissioning arrangement

- 3.1 The 2012 ECM-HRBQ survey was commissioned by the North Yorkshire Children and Young People's Service (CYPS) from the Schools Health Education Unit, Exeter.

4.0 Purpose of the biennial questionnaire

4.1 For the local authority and schools to have robust pupil perception data related to health and well-being and learning to inform strategic planning to improve outcomes for children and young people in North Yorkshire, through:

- Informing local authority and school self-evaluation and development planning.
- Informing the Joint Strategic Needs Assessment.
- Providing evidence to inform inspection - Local Authority e.g. safeguarding, service family inspection, Children's Centres and school inspections.
- Sharing data with wider Children's Trust partners e.g. health, police and district councils.
- Supporting 'closing the gap' agenda for vulnerable children and young people. Data is used widely in training – for example equalities, anti-bullying, health and wellbeing, student voice
- Targeting service provision, e.g. Local Authority Performance Reward Grant - Risk Taking Sexual Health Services Project - identification of schools and integrated into measurable outcomes on the school project action plans, drugs and alcohol education, high quality sex and relationships education, anti-bullying advice and support. Ministry of Defence school support fund successful bid.
- Informing schools causing concern and locality strategy work.
- Contributing to the evidence base for children's perception about aspects of provision e.g. bullying where there have been concerns raised about a school, for example parental concerns about bullying.
- Informing work of safeguarding board e.g. E-safety, child sexual exploitation.
- Informing identification of good practice across the county.

5.0 Project lead

- 5.1 Katharine Bruce, Lead Adviser Wellbeing (Quality and Improvement Service).
Led and managed through a CYPS ECM-HRBQ Project steering group and delivery group.

6.0 Survey methodology

- 6.1 The survey methodology is through school based questionnaires originated within Exeter University. It has been developed by the Schools' Health Education Unit (SHEU) in close consultation with the North Yorkshire Children and Young People's Service.
- 6.2 The survey has run on a biennial basis since 2006. Each year the questionnaire has been further developed and refined in response to partner agency and schools feedback.

- 6.3 The survey is under continual review to ensure that the questions are securing robust and reliable data.
- 6.4 There have been four questionnaires available for the schools since 2010:-
- Key Stage 1 ECM-HRBQ questionnaire (Year 2)
 - Key Stage 2 ECM-HRBQ questionnaire (Y6 pupils and Y5/4 for schools with fewer than 30 Y6 pupils)
 - Secondary ECM-HRBQ questionnaire (Y8 and/or Y10 pupils)
 - Special Educational Needs questionnaires (Special school/Pupil Referral Services only) – this included a symbol version
 - In addition versions of the questionnaire were available to ensure that the survey was accessible to pupils with English as an additional language.
- 6.5 The Key Stage 2 and secondary questionnaires were offered primarily as on-line versions. This enabled a swifter return of data to schools and for many schools is a preferred way of conducting the surveys. Schools were encouraged to complete the questionnaires on line; however those who wished to conduct the questionnaire on paper (hard copy) were still be enabled to do so.
- 6.6 Schools were supported in the collection of reliable data through:-
- Pre-questionnaire seminars. It was recommended that a nominated person attended a half day briefing seminar from schools that were participating in the 2012 ECM-HRBQ, but did not participate in 2010 ECM-HRBQ, or from schools that had a new member of staff managing and supervising the questionnaire. This briefing incorporated key sessions on managing the questionnaire, data security, ensuring anonymity for children and young people, and ensuring that the conditions and support for the completion of the questionnaire were secure.
 - All participating schools had a guide for conducting the questionnaire - this included information on collecting good data, supervisors guide and notes, and an example parent/carer letter.
 - Schools Health Education Unit provided a telephone/e-mail advice service where schools /PRS could raise queries regarding any aspect of the survey.

7.0 Participation

	Number of schools participating in the NYCC ECM - HRBQ Survey		
	Primary	Secondary	Special/PRS
2006	131	28	0
2008	169	35	1
2010	282	42	15
2012	290	39	10
2012 Academies	1	5	

8.0 Reports

8.0 Each contains outline data, trends and statistical comparisons with the broader data set.

8.1 Summary reports are prepared for:

- North Yorkshire local authority as a whole (including comparison with 2 other large shire counties)
- Each of 7 local district council areas (aligned to integrated services areas) –
 - Harrogate
 - Craven
 - Hambleton
 - Richmondshire

Scarborough
Selby
Ryedale

8.2 Additional Reports

- Individual Schools
- Children's Centre Reach Area
- Pupil Referral Services
- Equalities Reports
 - Looked after Children
 - Young Carers
 - Service Children
 - Lesbian, Gay, Bisexual
 - Minority Ethnic Pupils

9.0 2012 Developments

9.1 There were some **key developments** in the 2012 ECM-HRBQ, which have broadened the data set. These include:

- A broader range of questions including:-
 - Resilience
 - E-safety
 - Increased focus on learning
- Additional equalities monitoring was carried out for young carers and to identify numbers of children and young people in private fostering arrangements at the request of Children's Social Care. The armed forces family monitoring was reworded in 2012 to include the Territorial Army, alongside British Army, Royal Navy and Royal Air Force.
- The school reports in 2012 have been revised to include a specific section clearly identifying the school's own benchmarked data, cross referenced to the key judgements within the new Ofsted Section 5 Inspection framework.

10.0 Strategic Planning

10.1 A CYPS strategic event was held in May 2013 to consult on priorities and actions arising from the survey findings to inform Children and Young People's Service strategic planning.

11.0 Future Surveys

11.1 Procurement has taken place and the contract for survey work from 2014 onwards has been awarded to Schools Health Education Unit, Exeter. The contract is potentially for 14 years however this is split into 7 separate periods of 2 years each.

12.0 **Recommendation**

The Young People Overview and Scrutiny Committee note the information in this report.

Appendix A 2012 ECM-HRBQ County Summary Report

**Peter Dwyer Corporate Director Children and Young Peoples Service
County Hall, Northallerton**

Report compiled by:

Katharine Bruce – Lead Adviser Wellbeing, Quality and Improvement Service
Simon Moss - Performance and Change Manager, Prevention & Commissioning

Date: June 2013

Every Child Matters in North Yorkshire

A summary of the ECM Health Related Behaviour Survey 2012

These results are the compilation of data collected from children and young people in the vast majority of schools in North Yorkshire during Summer 2012. This survey was commissioned by the **North Yorkshire Children and Young People's Service** (CYPS) to collect reliable information about young people's learning and wellbeing. This is in fact the fourth large survey completed in North Yorkshire, following studies in 2006, 2008 and 2010.

Introduction from Cynthia Welbourn

Corporate Director - Children & Young People's Services

In our Children and Young People's Plan 2011-14 we have made a very clear commitment, within our shared strategic priorities, to work together across agencies to improve the experience and outcomes for children and young people in the local area. This survey continues to enable us to gather important information on the perceptions and behaviours related to wellbeing and learning of the children and young people in our schools and pupil referral services. We have set out the key findings and emerging priorities arising from the data. These will help to inform our work in developing and maintaining excellent and responsive services for all our children and young people - including 'narrowing the gap' for those who are not yet achieving as well as we would all hope.

Key issues

For pupils in North Yorkshire schools participating in the survey, some key priorities have emerged. It is recognised that there is progress in many of these areas however the perceptions and behaviours of our pupils indicates there is still more work to do.

Identified priorities:

- Raising Self Esteem
- Pupil Voice influencing decisions
- Achievement – recognising the broad range of pupil achievement
- Positive Ethos and Culture of School
- Risky Behaviours including those related to use of modern technologies
- Transition

- Identified **groups of young people** continue to have more negative outcomes and perceptions against a wide range of indicators

This includes in particular:

- Looked After Children
- Young Carers
- Minority Ethnic pupils
- Pupils receiving Free School Meals
- Service Pupils
- Lesbian, Gay, Bisexual pupils
- Pupils with Special Educational Needs and /or Disabilities

In this report:

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THE SURVEY

This report is based on the responses of over 16,000 pupils attending mainstream schools and PRUs in North Yorkshire:

Collecting the figures

Teachers were briefed on how to collect the most reliable data and then pupils anonymously completed the questionnaire. Completed questionnaires were then returned to SHEU in Exeter for processing. Some of the schools conducted the survey online. Where figures are also given in a chart, they are shown in bold.

The sample sizes are shown in the table

Comparisons

We have compared groups of schools within North Yorkshire: more rural and more urban schools, and we also looked at the smallest primary schools.

A special analysis has been made of pupils with different social identities.

Comparisons have also been made with samples from other large Shire counties

Trends

This study follows similar studies in 2010, 2008 and 2006 and is the largest so far. Where changes can be seen in the figures, these are noted on page 14.

North Yorkshire				
	Year 2	Year 6	Year 8	Year 10
Males	2126	2083	2067	2041
Females	1997	1966	2016	2056
Total	4143	4049	4083	4097

KEY FINDINGS

POSITIVE FINDINGS

- ❑ Y6 pupils in North Yorkshire in 2012 are more positive about their school than in 2010, for example, they are more likely to say they know their targets and are helped to meet them.
- ❑ A greater proportion of Y6 pupils in 2012 had a high self-esteem score than in 2010.
- ❑ Secondary pupils were more likely to report that their school deals with bullying 'quite' or 'very' well than in 2010.
- ❑ 94% of Y2 pupils have a healthy breakfast (2012).
- ❑ Year 6 and Secondary school pupils are more likely to report that they enjoy 'most' or 'all' of their lessons at school in 2012 than in 2010.
- ❑ Fewer of the Year 10+ pupils responded that they have taken risks with sex (infection or pregnancy) after drinking alcohol or drug use.
- ❑ Secondary pupils are more likely to report that they have been given advice about how to stay safe online 2008-2012: 73%, 81%, 91%.
- ❑ 75% of Y2 pupils feel safe at school (2012).
- ❑ Y6 and Secondary school pupils in North Yorkshire are less likely to report having had an alcoholic drink last week in 2012 than in 2010.
- ❑ Secondary school pupils in North Yorkshire in 2012 are more positive about their lessons about sexual health and drugs than in 2010 and are more likely in 2012 to say that school lessons are their main source of information about relationships and sexual health.
- ❑ Secondary pupils were more likely to rate their safety at school as 'good' or 'very good' than in 2010.

Compared with other large Shire counties in 2012

Secondary pupils in North Yorkshire report better awareness of sexual health services.

Secondary pupils in North Yorkshire report less worry about a range of issues.

Secondary pupils in North Yorkshire are more likely to feel safe in their own area after dark.

Over the period of the survey 2006-12, on-going positive trends are:

Percentages of Year 10 females 2006-2012 who had ever tried smoking are declining: 54%, 52%, 50%, 41%

Exercised hard on three or more times last week remains high among Y6 pupils 2006-2012: 80%, 80%, 77%, 80%

Y6 pupils who think people from different backgrounds are valued at school shows improvement 2006-2012: 60%, 67%, 68%, 71%

Narrowing the Gap

Since 2010 there is evidence of a narrowing of the gap for some groups, for example: in 2012, 52% of Y10 pupils living in care intended staying on in full-time education, but in 2010 the figure for the same group was just 27%. The figure for all Y10 pupils in 2012 was 62%.

In 2012, 39% of Y6 pupils with special educational needs have high self-esteem, but in 2010 it was 33%. The figure for all Y6 pupils in 2012 is 51%.

EMERGING ISSUES

Fewer Y6 pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school than in 2010.

Secondary school pupils in North Yorkshire in 2012 report more teasing/being made fun of at school than in 2010.

In 2012, 74% of secondary school pupils worry about at least one problem 'quite a lot' or 'a lot'.

Y6 pupils in North Yorkshire in 2012 seem to be spending more money on snacks and fizzy drinks, than in 2010.

Resilience data collected for the first time in 2012 has identified a proportion of pupils in both Y6 and secondary pupils who do not cope well with something going wrong. This is more often the case for secondary pupils.

Secondary school pupils in North Yorkshire in 2012 report more worrying about several issues than in 2010.

In 2012 36% of secondary school pupils report that teachers realise when they don't understand (the figure for Y6 pupils is 70%).

Compared with other large Shire counties in 2012, secondary pupils in North Yorkshire report less homework done last night.

In 2012, 67% of Y2 pupils worry about at least one issue a lot, and depending on the issue between 10% and 18% keep it to themselves.

Over the period of the survey 2006-2012:

Y6 pupils spending money on fizzy drinks is increasing 2006-2012: 14%, 14%, 19%, 23%

Secondary pupils who worry about exams has increased 2006-2012: 44%, 40%, 44%, 48%

Secondary pupils who chat online has increased 2006-2012: 66%, 80%, 79%, 89%

Secondary pupils who follow the online safety advice they have been given has declined 2008-2012: 71%, 73%, 64%

Additional comparisons within the 2012 survey indicate that:

Y6 pupils from smaller primary schools were more likely to say that they were listened to at school than pupils from larger primary schools.

Year 10 pupils in rural areas were more likely to report ever having had sex, yet also had poorer knowledge about sexually transmitted infections than pupils in urban areas.

The self-esteem scores of female pupils are generally lower than equivalent groups of males.

Perceptions and behaviours of children and young people in mainstream schools and PRSs identified within a range of social identity groups are still reporting more negatively on a range of key indicators within the survey. For example:

32% of all Y6 pupils report eating '5 a day', but the figure for pupils who have free school meals is 22%.

51% of all Y6 pupils report having high self-esteem, but the figure for pupils with free school meals is 39%.

16% of all Y10 pupils report being bullied at school in the last year, but the figures for pupils from ethnic minorities is 23%.

37% of all Y10 pupils report ever having tried smoking, but the figures for pupils from Armed Service families is 55%.

72% of Y10 pupils say their school encourages everyone to treat each other with respect, but the figures for pupils with special educational needs is 58%.

Secondary aged pupils attending Pupil Referral Services are much more likely to report using tobacco, alcohol and drugs than those in mainstream schools.

Narrowing the Gap

For some groups the gap may be widening for example: in 2012, 21% of Y6 pupils with disabilities said they were worried about going to secondary school, but the figure for 2010 for Y6 pupils with disabilities was 12%.

The three findings the secondary pupils were most often concerned about in the 2012 CYPS student consultation following the survey were:-

57% of pupils who think that their school deals with bullying well or very well.

61% of pupils feel their school prepares them for when they leave.

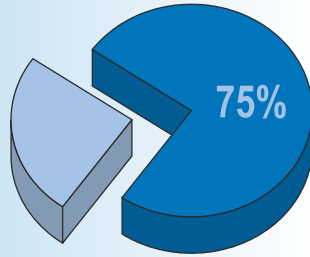
55% of smokers would like to give up smoking.

Primary school pupils in Year 2

(aged 6 - 7 years) **Bold type indicates use of a table or chart.**

HEALTHY EATING

- Nearly all pupils report having cereal or toast/bread on the day of the survey (94%). 1% had just a drink, 1% had a snack of chocolate; 1% had nothing at all.
- The foods or drinks most commonly consumed 'a lot' were: fresh fruit 61%; vegetables 50%; sweets or chocolate 43%; dairy products 38%.
- The foods or drinks most commonly consumed 'never' were: brown bread 37%; high fibre cereals 28%; dairy products 19%.
- 75% 'always' wash their hands after going to the toilet.**
- 80% cleaned their teeth yesterday at least twice. 61% have been to a dentist in the last year.



LEISURE AND MONEY

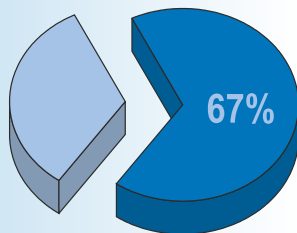
- 78% of pupils reported that they get pocket money.
- In the week before the survey, the items most commonly purchased with their own money were:**

	Boys	Girls
I saved my money	66%	70%
Toys	43%	33%
Stickers/cards for collecting	30%	27%
Sweets, chocolates	29%	26%

- We asked about leisure time activities. The percentages of boys and girls who said they did any of the items at least 'sometimes' after school or at weekends were:**

	Boys	Girls
Bike riding	82%	84%
Swimming	79%	86%
Going for a walk	76%	83%
Running (races or tag)	76%	75%
Roller skating, scooter, skateboarding	66%	72%
Football	83%	38%
After school club	49%	52%
Dancing/gymnastics	19%	64%

- After school yesterday, the most common activities were: playing outside 65%; watching TV 63%; playing with friends 48%; reading 40%.
- 93% have a computer at home. 54% use it to help with schoolwork. 80% know how to go on the Internet and **67% say they know how to keep themselves safe on the Internet.**
- 96% have a bike and 78% have a bike helmet; 50% 'always' wear a bike helmet when they cycle.



SAFETY

- We asked about sun safety. The percentages saying 'sometimes' or 'a lot' were:**

	Boys	Girls
Wear a hat	86%	87%
Wear long sleeves	38%	32%
Put on sun cream	91%	97%
Stay in the shade	73%	80%

- Overall, 83% say that they do at least one of the actions listed to stop being sun burnt.
- 75% feel safe at school. 61% like being at school.
- 14% ever feel scared to be at school because of other children, while 12% feel scared to go to school because of other children.

EMOTIONAL HEALTH AND WELLBEING

- We asked a series of questions about social confidence related to self-esteem (percentages saying 'yes'):**

Do you have lots of friends to play with?	77%
Do your parents like to listen to you?	50%
When a teacher asks you something do you feel shy?	12%
Do you worry a lot?	16%
Do you fall out with friends a lot?	16%
Do you mostly feel happy?	71%
Do you mostly feel safe?	70%

- A composite self-esteem score was derived. 40% scored in the highest bracket of scores and 16% in the low and medium-low brackets.
- We asked a question about worries. The percentages of pupils who say they worry 'a lot' about different issues were:**

School work	17%
Being ill	34%
Friendships	29%
Family	41%
The way you look	23%

- 67% of pupils responded that they worry about at least one issue 'a lot'.
- If pupils have worries or are upset about different issues, they report turning to the following for support:**

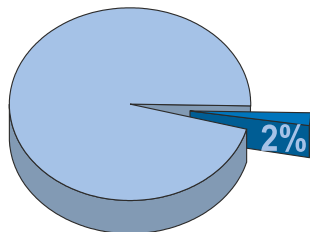
	Mum and/or Dad	Brother or sister	Friend	Teacher/adult in school	Keep it to myself
Worried or upset about school	40%	5%	15%	26%	10%
Worried or upset about your family	48%	11%	14%	6%	17%
Worried or upset about your friendships	33%	9%	25%	13%	16%
Worried or upset about being ill	66%	5%	6%	7%	11%

Primary school pupils in Year 6 (aged 10 - 11 years)

Being Healthy

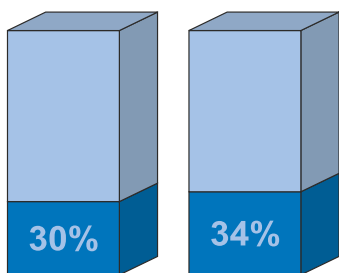
HEALTHY EATING

- 2% had nothing to eat or drink for breakfast on the day of the survey.
- 4% had at most a drink for breakfast on the day of the survey.
- 56% of pupils had cereal and 30% toast/bread on the morning of the survey. 2% said they had a chocolate bar or sweets.



FIVE-A-DAY

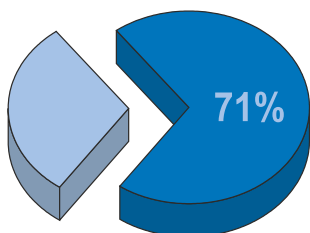
- 8% of boys and 4% of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
- 30% of boys and 34% of girls responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.



- 82% of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 9% found them 'not at all' useful and 6% couldn't remember any.

DRINKS

- 7% reported that they had no water to drink the day before the survey, while 28% said they had drunk at least a litre of water.

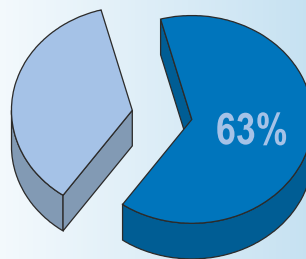
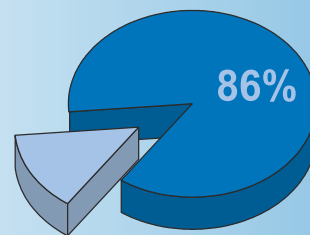


- 71% of pupils responded that they drink water 'on most days'; 12% said the same of fizzy drinks (not low-calorie).

- 20% of pupils responded that they 'rarely or never' drink milk; 50% said the same of energy drinks.

PHYSICAL ACTIVITY

- 86% of pupils reported that they enjoyed physical activities 'quite a lot' or 'a lot'.
- 42% reported that they had exercised five times or more, in the last week, which made them breathe harder. 3% said they had done so not at all while 6% said once.
- 2% of pupils said that they don't do a single hour of physical activity in a typical week.
- 92% of pupils said they find it 'quite' or 'very easy' to be as physically active as they would like.



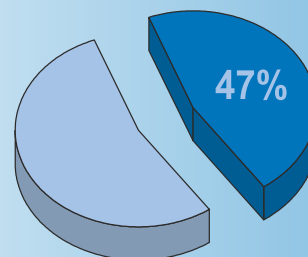
- 63% said they do 5 or more hours of physical activity in a typical week.

- 83% of pupils responded that they have found school lessons about physical education 'quite' or 'very' useful, while 8% found them 'not at all' useful and 5% couldn't remember any.
- 93% of pupils said they spent time chatting/talking during playtimes (including dinner times). 84% said they played running/skipping/games of tag, and 73% said they played ball games. 20% said they read quietly at playtimes.

ACTIVE TRAVEL

- 42% of pupils responded that they travelled to school by car/van on the day of the survey.

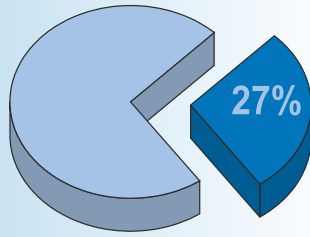
- 47% of pupils responded that they walked to school on the day of the survey.



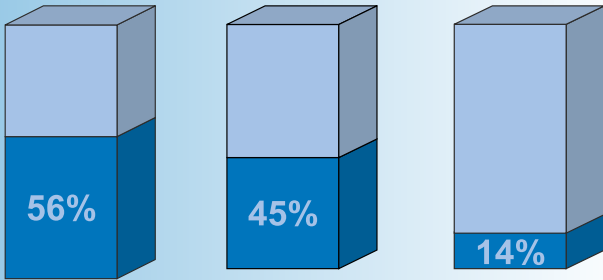
PRIMARY

EMOTIONAL HEALTH & WELLBEING

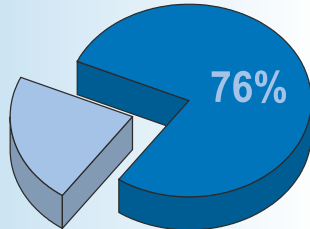
- 27% of pupils said they worried about family problems 'quite often' or 'very often' and 20% said they worried about falling out with friends 'quite often' or 'very often'.



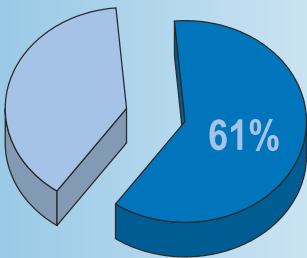
- 56% of boys and 45% of girls had high self-esteem scores. 14% of pupils had med-low or low self-esteem score.



- 76% of pupils said they worried about at least one problem 'quite a lot' or 'a lot'.



- 61% of pupils responded that when something goes wrong they 'usually' or 'whenever possible' learn from the experience for next time.



Resilience

- 67% of pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do, while 44% said they ask for help.
- We calculated an overall measure of resilience from a group of related items. 20% of pupils had a low measure of resilience (0 – 19). 32% of pupils had a high measure of resilience (26+).

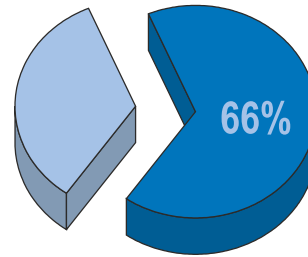
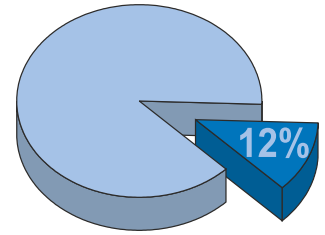
PUBERTY AND GROWING UP

- 79% of pupils said they would like to talk with their parents about how their body changes as they grow up, while 21% would like to talk with teachers.
- 17% of boys and 34% of girls reported that they worried about the way they looked.

DRUGS, ALCOHOL AND TOBACCO

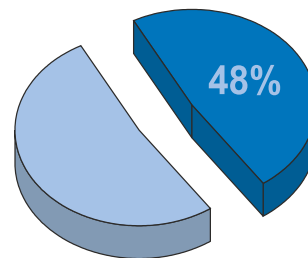
Drugs

- 12% of pupils responded that they are 'fairly sure' or 'certain' that they know someone personally who uses drugs.
- 6% of pupils responded that they are 'fairly sure' or 'certain' they know somewhere near where they live where people can buy drugs.



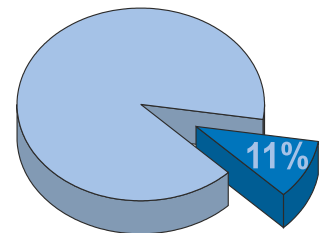
- 66% of pupils responded that they have found school lessons about medicines and drugs 'quite' or 'very' useful, while 9% have found them 'not at all' useful and 20% couldn't remember any.

Alcohol

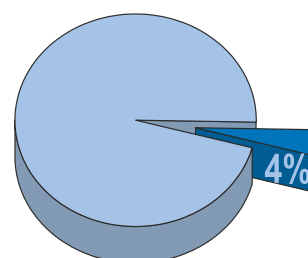


- 48% of pupils reported that they never drink alcohol and 46% drink only with their parents knowledge.

- 11% of boys and 6% of girls said they had at least one alcoholic drink (more than just a sip) in the last week.



Tobacco

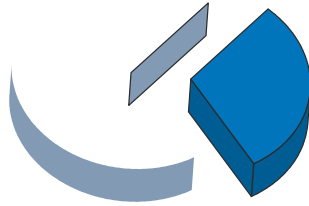


- 4% say they have tried smoking in the past or smoke now.

- < 1% said they had smoked at least one cigarette during the last seven days.

ACCIDENTS

- ❑ 29% of pupils reported that they had an accident in the last twelve months that was treated by a doctor or at a hospital.
- ❑ 27% of pupils reported that an adult, who scared or made them upset, had approached them. 16% said they knew this adult (i.e. not a 'stranger').



HYGIENE

DENTAL HEALTH

- ❑ 94% of pupils responded that they have been to the dentist in the last year, while 5% said they last went more than a year ago and 1% have never been.

SUN SAFETY

- ❑ 6% of pupils responded that they 'never' do anything to avoid sunburn.
- ❑ 67% of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

INTERNET SAFETY

- ❑ 81% of the sample reported that they have been told how to safe while chatting online.
- ❑ 76% of all pupils reported that they always follow the advice they have been given.
- ❑ 5% of pupils responded that anyone can see their profile on Facebook or Bebo, while 4% said they 'don't know' who can.

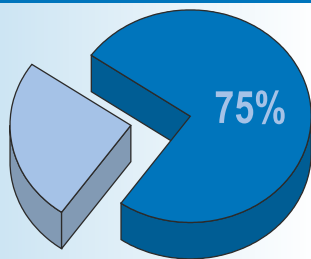
BULLYING

- ❑ 26% of pupils reported that they felt afraid of going to school because of bullying at least 'sometimes'.
- ❑ 24% of pupils said that they had been bullied in the last 12 months at or near school, while 5% said that they had bullied another pupil in the same period.
- ❑ 2% of pupils reported that they thought others might fear going to school because of them.
- ❑ 32% of pupils responded that they have been pushed / hit for no reason at least a 'few times' in the last month, while 14% said they have had belongings taken / broken.

- ❑ 71% of pupils responded that they have found school lessons about bullying 'quite' or 'very' useful, while 13% have found them 'not at all' useful and 12% couldn't remember any.
- ❑ **71% of pupils say they always feel safe at playtimes.**

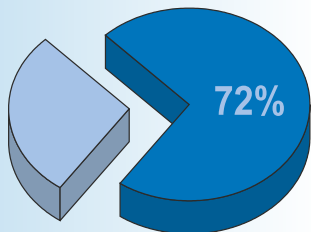
Making a Positive Contribution

- 75% watched some TV the previous night.
- 54% played with friends and 49% played sport, on the evening before the survey. 56% of the boys played computer games.



PUPILS' VOICE

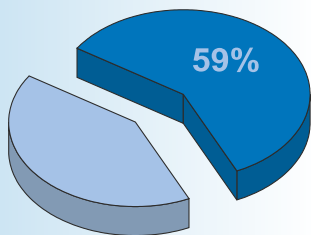
- 72% of pupils think their views and opinions are listened to in school.
- 59% say they are listened to by teachers and 53% say they are listened to through the school council.



Economic Wellbeing

- 92% of pupils responded that they are White British.
- 8% of pupils get free school meals or vouchers for school meals. 7% said they were 'not sure'.

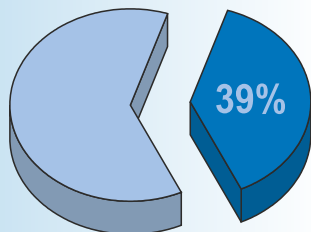
- 59% of the pupils in this survey reported getting pocket money at least once a month.
- 50% put money into savings last week.



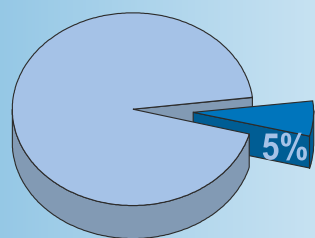
- 74% of pupils spent some of their own money last week.
- The main items pupils spent money on were:

Boys	Girls
Sweets, chocolate, etc	40%
Fizzy drinks	28%
Snacks	21%
Toys	19%

- 39% of pupils spent money on sweets last week.



SERVICE FAMILIES



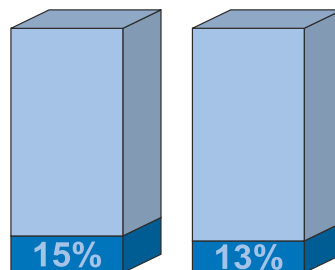
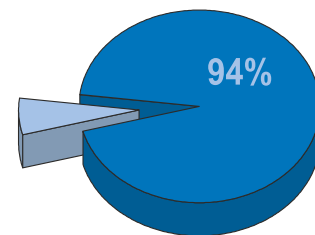
- 5% of pupils have a parent or carer in the armed forces, among which 2% say their parent or carer has been away on operations in the last 12 months (30% of those with parents/carers in the Services).

- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire primary sample on p.16.

Enjoying and Achieving

SCHOOL AND HOMEWORK

- 94% of pupils think it is important to go to school regularly.
- 19% of boys and 21% of girls spent time doing homework on the evening before the survey.
- 14% of pupils said they worried about schoolwork/homework. 29% of boys and 37% of girls reported that they worried about SATs/tests.



- Worrying about schoolwork: 15% for boys and 13% for girls.

Pupil Perceptions

A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.

- The percentages reporting 'yes' were:

	Boys	Girls
My work is marked so I can see how to improve it	91%	92%
The school encourages everyone to treat each other with respect	89%	92%
The school prepares me for when I leave this school	85%	89%
The school encourages me to attempt difficult work	83%	83%
The school tells me it's OK to make mistakes	82%	84%
The school helps me work as part of a team	81%	84%
I know my targets and I am helped to meet them	83%	80%
The school cares whether I'm happy or not	73%	75%
In this school, people with different backgrounds are valued	72%	71%
My teachers realise when I don't understand	71%	67%
My achievements in and out of school are recognised	71%	68%
The community encourages me to contribute to community events	68%	67%
The school teaches me how to deal with my feelings positively	65%	61%

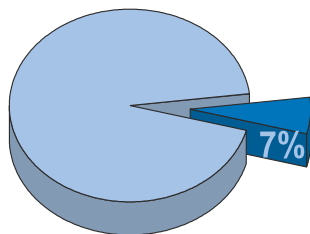
Secondary school pupils in Years 8 & 10

(aged 12 - 13 and 14 - 15 years)

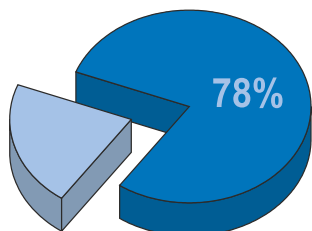
Being Healthy

HEALTHY EATING

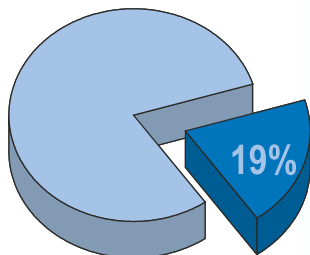
- 7% had nothing to eat or drink for breakfast on the day of the survey.
- 44% of pupils had cereal for breakfast and 28% toast or bread on the morning of the survey. 8% said they had a chocolate bar or sweets.



- 15% of pupils in the survey had no lunch yesterday. 43% had a school lunch and 4% bought lunch from a takeaway or shop.
- 78% say that they can get water at school.

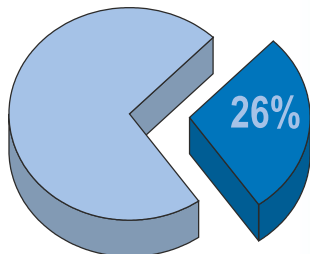


- 19% of pupils had at least 5 portions of fruit or vegetables the day before the survey, while 9% had none at all.



- 28% say they never worry about what they eat; 15% say they are often or always careful with their diet.
- 28% of pupils had ever engaged in more extreme dietary behaviour, like exercising a great deal or making themselves sick.

- 26% reported 'very often' or 'always' considering their health when choosing what to eat.

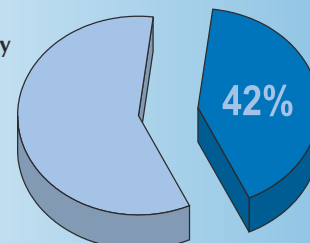


- 8% of the pupils in this survey would like to put on weight, while 48% would like to lose weight.
- 50% of pupils who found school lessons about healthy eating 'quite' or 'very' useful.

DRUGS, ALCOHOL & TOBACCO

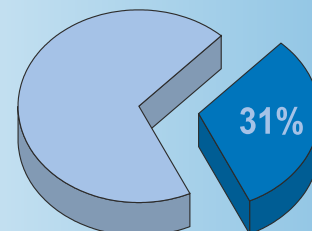
Drugs

- 42% reported they were 'fairly sure' or 'certain' that they knew someone who used drugs that were not medicines.
- 18% of pupils have been offered cannabis.
- 4% of pupils say they have taken some form of illegal drug within the last month. The most commonly taken drug was cannabis, with 12% of Year 10 pupils ever having taken it. The next most common drug was mephedrone, with 2% of Year 10 pupils ever having taken it.
- 2% of pupils said that they have taken two or more drugs on the same occasion.
- 53% of pupils found school lessons about drugs 'quite' or 'very' useful.
- 66% of pupils responded that they have heard of FRANK or 'Talk to FRANK'.



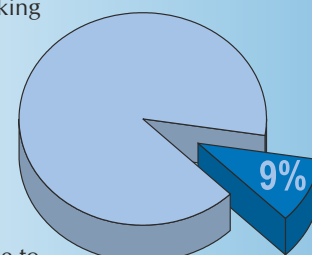
Alcohol

- 31% had at least one alcoholic drink in the week before the survey.
- 3% of all pupils drank over the advised weekly limit for adult females of 14 units (10% of those that drank at all).
- 2% of pupils bought alcohol from an off-licence that should only sell to over-eighteens.
- 5% of pupils said that they have taken a drug and alcohol on the same occasion.
- 47% of pupils found school lessons about alcohol 'quite' or 'very' useful.



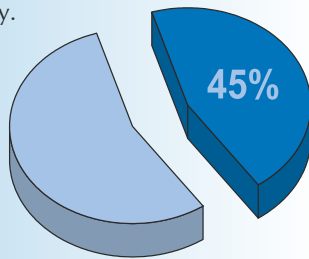
Tobacco

- 27% say they have tried smoking in the past or smoke now.
- 9% in the survey smoked at least one cigarette during the last 7 days.
- 8% say they smoke 'regularly' or 'occasionally';
- 55% of all smokers would like to give up smoking.



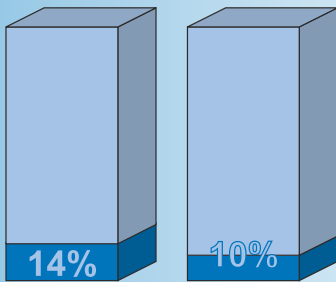
SEX AND RELATIONSHIPS

- 20% of pupils say that their parents are their main source of information about sex and relationships, while 37% say it is school lessons.
- 22% believe there is a specialist service for young people available locally.
- 45% of young people in this survey say they know where they can get condoms free of charge.**
- 37% of pupils found school lessons about sexual health 'quite' or 'very' useful.



SEXUAL HEALTH: YEAR 10 ONLY

- There was a series of questions that were asked only of Year 10 pupils. Firstly, they were asked about their sexual experience: 6% of Year 10 respondents are in a relationship and thinking about having sex.

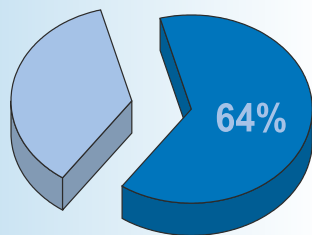


- Nearly 14% of Year 10 respondents have had a sexual relationship in the past and nearly 10% report that they are currently in a sexual relationship (that is, overall 23% have had sex).

- If they have had sex, we wanted to know if they always used a method of protection or contraception: 59% said yes and 4% were *not sure*.
- They were then asked: Have you ever taken risks with sex (infection or pregnancy) after drinking alcohol or drug use? 9% said yes, and 7% were *not sure*.

PHYSICAL ACTIVITY

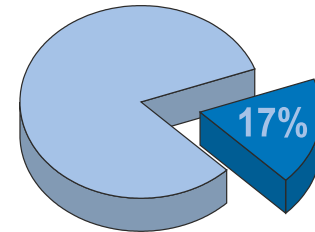
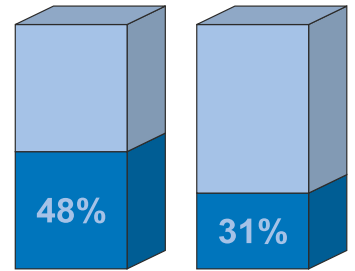
- 55% said they enjoy general physical activities 'quite a lot' or 'a lot', while 69% said the same about team sport and 56% about individual sport.
- 64% said they find it at least 'quite easy' to be as physically active as they like.**
- 51% do five or more hours of physical activity in a typical week.



EMOTIONAL HEALTH & WELL-BEING

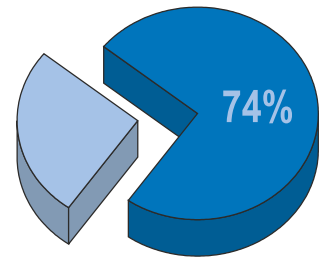
Self-esteem

- 40% of pupils had high self-esteem scores, but there are marked sex differences: **48% for boys and 31% for girls.**



- 17% of pupils had low or medium-low self-esteem scores.

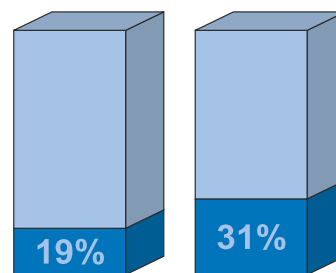
- 74% of pupils in the survey worry about at least one problem 'quite a lot' or 'a lot'.



Worries

- The most common worries were:

Boys		Girls	
Exams and tests	37%	Exams and tests	57%
Family problems	22%	The way you look	51%
Health problems	21%	Health problems	39%



- Worrying about school-work: **19% for boys and 31% for girls.**

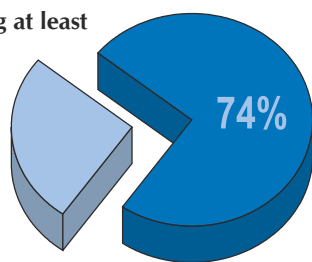
- 32% of pupils found their lessons about emotional health and well-being at least 'quite useful'.

Resilience

- 64% of pupils responded that when something goes wrong they 'usually' or 'whenever possible' learn from it for next time, while 19% said they get upset and feel bad for ages.
- 66% of pupils responded that if at first they don't succeed, they 'usually' or 'whenever possible' keep on trying until they do, while 42% ask for help and 10% give up.
- We calculated an overall measure of resilience from a group of related items. 26% of pupils had a low measure of resilience (0 – 19). 24% of pupils had a high measure of resilience (26+).

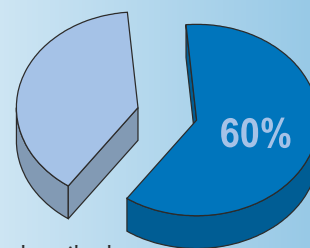
Enjoying and Achieving

- 74% of pupils report enjoying at least half of their school lessons.
- 48% of boys and 63% of girls said they want to continue in full time education after leaving school.
- 40% of boys and 38% of girls said they wanted to find a job as soon as possible.



HOMEWORK

- Homework was done on the previous evening by 60% of pupils.
- 22% reported they did more than an hour.
- The school lessons most often described as at least 'quite useful' were those about physical activity (66%); several other topics scored well including drugs (53%), alcohol and SRE.



Pupils perceptions

A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.

- The percentages reporting 'yes' were:

	Boys	Girls	All
The school cares whether I am happy or not	43%	44%	43%
My work is marked so I can see how to improve it	67%	63%	65%
Adults at school talk to me about how to improve my work	59%	56%	57%
I know my own targets and I am helped to meet them	56%	52%	54%
My achievements in and out of school are recognised	42%	36%	39%
The school teaches me to deal with my feelings positively	33%	29%	31%
The school helps me work as part of a team	48%	51%	50%
In this school people with different backgrounds are valued	53%	57%	55%
The school encourages everyone to take part in decisions	50%	52%	51%
The school encourages me to contribute to community events	32%	28%	30%
The school prepares me for when I leave this school	61%	61%	61%
The school encourages everyone to treat each other with respect	71%	77%	74%
My teachers realise when I don't understand	39%	33%	36%
The school encourages me to attempt difficult work	63%	65%	64%
The school tells me it's OK to make mistakes	56%	58%	57%
I am prepared to try something I am not used to or not so good at	62%	61%	62%
I have the opportunity to use things I have learnt in different situations	52%	49%	51%
Sometimes I have a choice of different ways to learn about something	46%	45%	45%
At school, I am encouraged to try different ways to do things	52%	51%	51%

- Young people who are from ethnic minorities and/or are worried about being different in culture or religion are over-represented among those who disagree that 'In this school people with different backgrounds are valued'.

Making a Positive Contribution

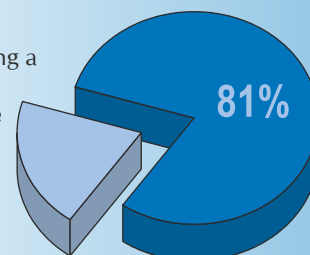
PUPILS' VOICE

- 56% of pupils responded that they are asked for their opinions about what they learn in school; 42% said their opinions make a difference and 61% would like to be consulted more often.
- 52% of pupils responded that they are asked for their opinions about how they learn in school; 47% said their opinions make a difference and 61% would like to be consulted more often.
- 47% of pupils responded that they are asked for their opinions about the school environment; 47% said their opinions make a difference and 54% would like to be consulted more often.
- 27% of pupils responded that they are asked for their opinions about their community; 32% said their opinions make a difference and 50% would like to be consulted more often.

- 42% of pupils responded that they have heard of a local Youth Council in their area and 45% said they have heard of North Yorkshire Youth Council.
- 47% of pupils responded that they have had the chance to vote for school / college council members and 15% said they have had the chance to vote for Youth Council members.

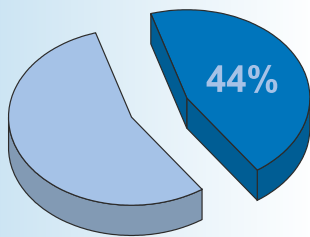
LEISURE AND WORK

- 25% of pupils reported reading a book for pleasure for at least part of the evening before the survey
- 81% watched some TV the previous night and 9% watched for over 3 hours.
- 25% of the pupils in this survey have a regular paid job.



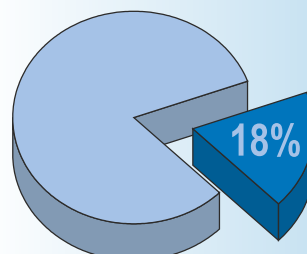
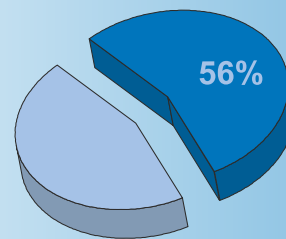
Staying Safe

- 44% said they were treated for an accident by a health professional within the last year.
- 9% of pupils rate the safety of their area when going out after dark as 'poor' or 'very poor'. 2% said this about going out during the day.
- 1% of pupils report they 'often' or 'very often' carry weapons for protection when going out.
- We asked what weapons if any that they carry; 1% of pupils say they carry a knife.
- 6% reported that they had been a victim of violence or aggression in the area where they live, in the last twelve months.
- 89% of pupils have ever used the Internet for chatting.

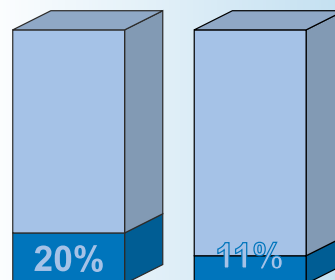


BULLYING

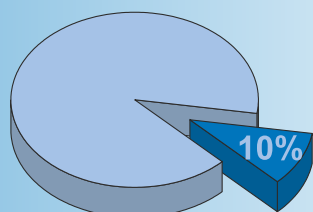
- 56% of pupils reported they think their school takes bullying seriously.



- 18% of pupils said that they had been bullied in the last 12 months.
- 6% said that that they had bullied another pupil in the same period.



- 20% of pupils said they are picked on because of their size or weight, while 11% say it's because of their colour, race or religion.

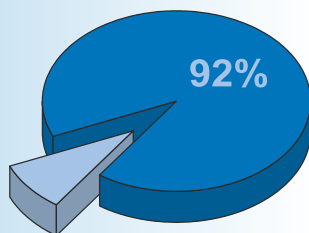


- 10% of pupils had ever received a chat message that had scared or upset them.

- 91% of all pupils say they have been told how to stay safe while chatting online. 64% of all pupils always follow the advice they have been given.
- 19% of pupils have been invited to meet someone that they met online; 8% said this person was quite a bit older than them.
- 12% ever sent personal information or images to someone and afterwards wished they hadn't done or had thought more about.

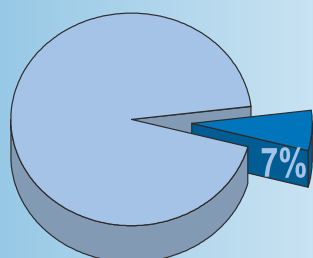
Economic Wellbeing

- 92% of pupils describe themselves as White British.
- 62% of the pupils in this survey live with both parents together.



Equality and identity

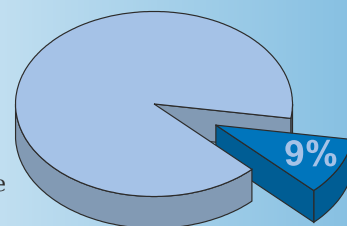
This year we have been more focused on looking at inequalities between different groups and identities in schools.



- 7% of pupils have free school meals.
- 6% of pupils have a special educational need or learning difficulty.
- 3% of pupils have a disability or long-standing illness.

SERVICE FAMILIES

- 9% of pupils report they have a parent/carer who is in the armed forces, of which 41% say their parent or carer has been away on operations in the last 12 months.



This figure is higher than we see in other census information; on investigation, it seems that secondary pupils are likely to be thinking also about siblings or other close relatives when answering this question.

- 44% of pupils from service families say they worry 'quite a lot' or 'a lot' about their family member when they are away.
- 7% of pupils from service families would welcome access to a counsellor when they are worried, and would generally prefer to see such a counsellor in private at school.
- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire secondary sample on p.16.

Differences between North Yorkshire and a reference sample

	North Yorkshire			Reference Sample		
	Year 6	Year 8	Year 10	Year 6	Year 8	Year 10
Males	2083	2067	2041	1960	3112	3045
Females	1966	2016	2056	1987	2997	3028
Total	4049	4083	4097	3947	6109	6073

The reference samples were large samples of primary and secondary pupils from Cambridgeshire and Hertfordshire, large Shire counties which also carried out surveys in the summer of 2012.

Not all items could be compared, but with such large sample sizes, many differences become statistically significant, so these lists give a selection

Primary	Secondary
Higher in North Yorkshire	Higher in North Yorkshire
<ul style="list-style-type: none"> <input type="checkbox"/> Cereal for breakfast* <input type="checkbox"/> Drink for breakfast* <input type="checkbox"/> Wash hands before lunch* <input type="checkbox"/> Cleaned teeth at least twice* <input type="checkbox"/> Running games at playtime <input type="checkbox"/> Enjoy physical activities <input type="checkbox"/> Exercised 5 times or more last week <input type="checkbox"/> Ride a bike every week* <input type="checkbox"/> Positive attitudes towards school* <input type="checkbox"/> TV, music and radio after school 	<ul style="list-style-type: none"> <input type="checkbox"/> Cereal for breakfast <input type="checkbox"/> Feel safe near where they live* <input type="checkbox"/> Positive attitude towards school <input type="checkbox"/> Took bus to school* <input type="checkbox"/> Know about a sexual health service available locally**
Lower in North Yorkshire	Lower in North Yorkshire
<i>Homework*</i> and clubs after school	Non-white UK <i>Homework last night</i>
	Worrying about most issues listed
	KEY
	<p>bold = positive result, <i>italic</i> = negative result</p> <p>* Repeats a finding seen in 2010</p> <p>** Repeats a finding seen in 2008 & 2010</p>

Growing up in North Yorkshire

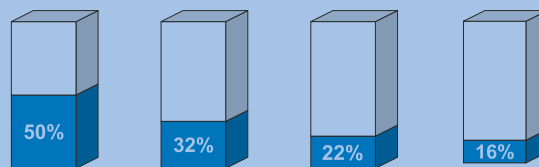
- This shows some figures to show, side by side, selected figures from each year group in the study.
- The questions used in each version of the questionnaire (Y2, Y6 and Y8/10) may be worded differently, but we have tried hard to pick questions which have similar intent.

All figures are percentages.

Year 2 Year 6 Year 8 Year 10

Eat 5-a-day (Y2: Eat fruit/veg 'a lot')

50 32 22 16



Nothing to eat or drink for breakfast

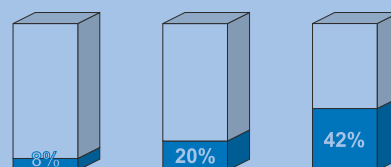
1 2 6 8

Ever tried smoking

4 15 37

Drank alcohol last week

8 20 42

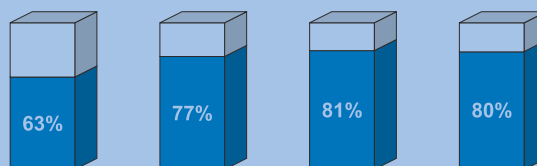


7+ hours exercise/week

39 29 26

Watched TV last night

63 77 81 80



High self-esteem score

40 51 40 40

Feel safe at school (Y6: during playtimes)

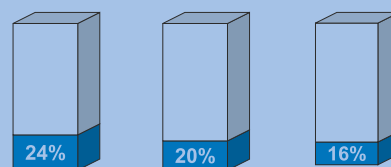
75 71 84 85

Afraid to go to school because of other children/bullying

12 26

Bullied at or near school in the last 12 months

24 20 16

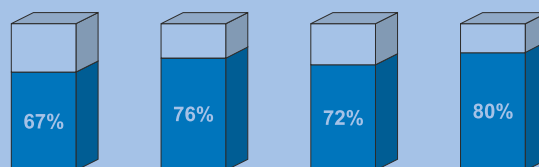


Worry 'very often' about family

41 27 28 30

Worry a lot about at least one issue

67 76 72 80



Growing up in North Yorkshire (2)

Further figures for reflection..

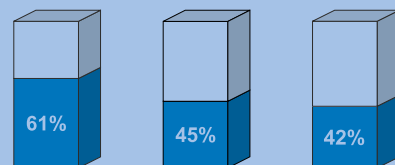
All figures are percentages.

Year 2 Year 6 Year 8 Year 10

High resilience score 32 26 23

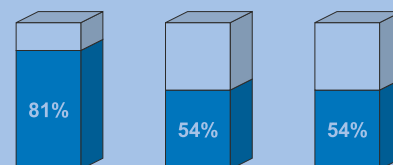
Had accident last year 29 43 44

Enjoy most school lessons 61 45 42

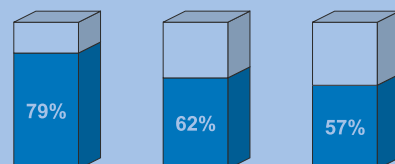


The school encourages everyone to treat each other with respect 90 76 72

I know my own targets and I am helped to meet them 81 54 54



Pupils' views make a difference in school 79 62 57

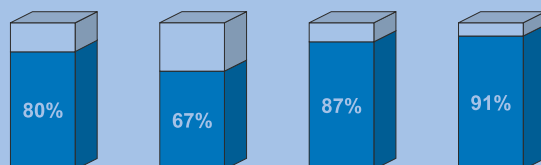


Wash hands (Y6: before lunch yesterday) 75 66

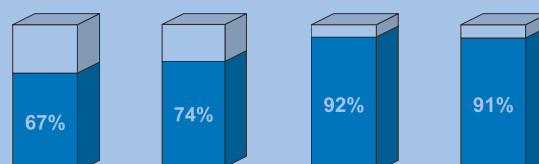
Take precautions against sunburn 83 67

Get pocket money 78 59

Use Internet (Y6 + : for chatting) 80 67 87 91



Know /have been told how to keep safe online 67 74 92 91



Changes in North Yorkshire since 2010 Primary

- With a large sample and many questions, there are many significant differences to be seen. We have listed just the largest and most important of them here. For this analysis we have used only those schools which took part in the survey in 2010 and in 2012, so the figures on this page may be different to those used in the rest of the report.
- If a trend continues (or contradicts) earlier findings, this has been noted. Where trends have not been continued, there may be relief that negative developments have not continued, while positive gains have not slipped.

MORE likely in 2012...

- **I know my targets and am helped to meet them (75% in 2010 vs. 81% in 2012)**
- **The school encourages me to take part in community events (63% vs. 67%)**
- Chatted on the Internet (62% vs. 67%) *
- *Spent own money last week: on snacks (16% vs. 19%) and fizzy drinks (19% vs. 23%) **

bold = positive result, *italic* = negative result

* continues a trend seen between 2008 & 2010 figures

LESS likely...

- **Drank alcohol in the last 7 days (11% vs. 8%) ***
- **Know a drug user (14% vs. 11%) ***
- Drink milk on most days (49% vs. 35%)
- *Any time last night: played sport (52% vs. 48%) *; went to a club (24% vs 19%).*

Changes in North Yorkshire since 2010 Secondary

- For this analysis we have used only those schools which took part in the survey in 2010 and in 2012, so the figures on this page may be different to those used in the rest of the report.

MORE likely in 2012...

- **Main source of information about drugs is school lessons (38% in 2010 vs. 47% in 2012); about sex: 34% vs. 37%; pupils found school lessons about drugs 'quite' or 'very' useful (47% vs 53%)**
- **Safety at school is good (82% vs. 85%) and going to and from school (82% vs. 85%) ***
- Easily get water at school (76% vs. 78%) *
- Have been given advice about how to stay safe online: (79% vs. 92%) *
- Ever chatted online (69% vs. 89%) *
- Want to find a job as soon as I can after Year 11 (35% vs. 39%) *
- Talking/texting on the phone for more than 3 hours last night (16% vs. 22%) *
- Worry quite often about exams (44% vs. 48%) *
- Worry quite often health (26% vs. 31%) \$; the way you look (31% vs. 35%)
- *Been teased/made fun of in last month (29% in 2010 vs. 33% in 2012) \$*

LESS likely...

- **Nothing to eat or drink before lessons (13% vs. 7%) \$**
- **Y10 females: ever tried a cigarette (50% vs. 41%)**
- **Any alcoholic drink last week (37% vs. 32%)**
- **Ever used cannabis (9% vs. 7%) ***
- Regular paid term-time job (30% vs. 25%) *
- Enjoy physical activities 'a lot' (60% vs. 55%)*
- *Proportion of Year 10 pupils with sexual experience who used contraception/protection on last occasion (63% vs. 60%) **
- *Taken part in mock General Election (41% vs. 15%)*
- *The school encourages everyone to take part in decisions (57% vs. 51%)*
- *The school helps me work as part of a team (55% vs. 49%)*
- *Ever heard of FRANK or Talk to Frank (83% vs. 67%)*

KEY

bold = positive result, *italic* = negative result

* continues a trend seen between 2008 & 2010 figures

\$ reverse of trend 2008/2010

The smallest primary schools in North Yorkshire

Primary schools were assigned to either the group of smaller schools or the group of larger ones, and the groups compared, looking for significant differences. Some of the principal findings are listed below.



Pupils from **smaller** schools were MORE likely to:

- Wash their hand before lunch *
- Enjoy physical activities *
- Find it easy to be physically active at breaktimes
- Play ball games at breaktimes
- Ever drink alcohol
- Be sure there is nowhere to buy drugs in their area
- Feel listened to in school *



Pupils from **larger** schools were MORE likely to:

- Get free school meals
- Have a profile on Facebook or Bebo
- Be absent from school because of illness/injury
- Use the Internet last night *
- Spend money last week on sweets/chocolates

*a similar finding was found in 2010

Rural and Urban schools in North Yorkshire



Schools were assigned to either a rural or urban group, and the groups compared, looking for significant differences. This list includes most of the larger or more important differences. We have indicated where results echo findings seen in previous surveys, although the schools making up the rural and urban samples in each wave of the survey will be different. Schools and communities have also had a chance to react to earlier results.

Among Primary school pupils...



Pupils from **urban** schools were MORE likely to:

- Eat fizzy drinks on most days
- Spent money on snacks & fizzy drinks *
- Worry about keeping safe *
- Go to a school club \$
- Experienced negative behaviours last month *
- Have useful lessons about substance use
- After school: played computer games *, used Internet *, cared for family members *
- Ever chat on the Internet *
- Get regular pocket money *



Pupils from **rural** schools were MORE likely to:

- Wash hands before lunch *
- Played ball games at playtime
- Exercised 5+ times last week
- Score high for self-esteem
- After school: read a book for pleasure *
- Try to avoid sunburn *
- Feel listened to at school *

Among Secondary school pupils...



Pupils from **urban** schools were MORE likely to:

- Think their school takes bullying seriously *
- Asked for their ideas and opinions at school
- Agree 'The school helps me work as part of a team'
- Agree 'In this school people from different backgrounds are valued'
- Want to continue in education after Year 11 *
- Walk to school *
- Have better knowledge about sexually transmitted infections
- Year 10 only: if they have had sex, are more likely to have always used contraception *



Pupils from **rural** schools were MORE likely to:

- Take part in voting in school elections *
- Agree 'I know my own targets and I am helped to meet them'
- Agree 'I have the opportunity to use things I have learnt in different situations'
- Put money into savings last week
- Take bus to school *
- Enjoy physical activities *
- Drank alcohol last week *
- Have heard of *YorSexualHealthc*
- Year 10 only: have had sex *

*a similar finding was found in 2010
\$ reverse of finding from 2010

Equality Monitoring in North Yorkshire 2012

Information is collected about social identities among pupils in North Yorkshire. We have done some analysis to see if the behaviours we see among young people in our county are different if they are to be found under one of the social identity headings shown in the table to the right. We show the results for Year 6/10 pupils below.

Not all differences show statistical significance; sample size is a factor.

In the tables below, bold figures with an asterisk are significantly different from the group average, thus: *99. Shading indicates a significant difference found in 2010.

Percentages in each year from social identity groups	Year 2	Year 6	Year 8	Year 10
Ethnic minority	6	6	8	7
Young carer	NA	NA	3	3
Children in care	<1	<1	<1	1
Single-parent family	15	13	16	17
Not in own home	NA	NA	2	2
Special Educational Needs (SEN)	11	7	6	7
Disability or long-term illness	2	6	3	3
Free school meals	10	8	8	7
Armed forces family	7	5	****3	****3
Sexual identity (lesbian, gay or bisexual (LGB))	NA	NA	NA	5

Year 6 results

Percentages in each social identity group reporting different behaviours - primary	All Y6 ***	Ethnic minority	Children in care	Single- parent family	Special educational needs	Disability or long- term illness	Free School Meals	Armed forces family
Eat 5-a-day	32	32	47	30	34	36	*22	*24
Ever tried smoking	4	*6	*26	*8	*6	6	*10	*5
Drank last week	8	7	16	11	*14	9	10	9
7+ hours exercise/week	39	37	21	37	37	42	*29	*34
High self-esteem	51	*42	29	*43	*39	46	*39	*39
Bullied at or near school last year	24	26	*47	*30	*32	*32	*35	30
Worry 'very often' about health	7	7	11	6	*15	*14	*11	*11
Worry 'very often' about going to secondary school	16	*21	16	17	*22	21	20	18
Had accident last year	29	31	*53	31	*39	*41	*38	31
Enjoy most school lessons	61	59	53	*52	56	58	56	62
The school encourages everyone to treat each other with respect **	90	90	89	89	88	88	88	82
I know my own targets and I am helped to meet them **	81	80	84	74	79	78	80	82
Pupils' views make a difference in school **	79	77	84	75	81	76	81	76
<i>Numbers of pupils</i>	4049	246	19	517	277	237	322	217

Shaded = a significant difference was found in 2010.

BOLD* = Difference from All Y6 is statistically significant.

** = New question for the 2012 equalities analysis.

*** = Figures given as % of whole sample and may differ slightly from those given elsewhere in this or other reports.

**** = Different criteria used in 2012 and 2010

Equality Monitoring in North Yorkshire 2012

Year 10 results

Percentages in each social identity group reporting different behaviours - secondary	All Y10 ***	Ethnic Minority	Young carers**	Children in care	Single- parent family	Not in own home	SEN	Disability or long- term illness	Free school meals	Armed forces family	LBG
Eat 5-a-day	16	17	20	6	*13	16	19	21	13	14	21
Ever tried smoking	37	39	44	*65	*48	*55	43	30	*51	46	*55
Drank last week	40	38	*55	45	*45	48	41	35	42	47	*58
Ever taken drugs	14	*18	*21	23	*20	*28	16	19	*20	*41	*34
7+ hours exercise/week	26	27	24	16	*21	31	22	24	21	*22	25
High self-esteem	40	36	*25	42	*34	32	*27	30	*32	32	*21
Bullied at or near school last year	16	*23	*39	26	*20	20	*32	*29	*29	30	*33
Worry about being different	11	*29	*20	*34	13	*32	*24	*18	*22	27	*39
Worry about money	25	28	32	13	*31	32	25	29	27	10	*34
Sexually active	23	25	*38	*62	*29	*37	*33	29	*35	*35	*44
Can find free condoms	58	*48	62	65	62	49	54	55	58	72	66
Had accident last year	44	51	52	61	46	51	*54	54	*54	50	52
Enjoy most school lessons	42	42	37	26	*36	29	*33	37	36	36	37
Intend FTE after Y11	62	63	52	52	56	*41	*39	50	*45	53	60
Term-time job	33	32	38	29	30	40	30	23	32	26	28
The school encourages everyone to treat each other with respect **	72	*59	64	59	68	59	*58	68	63	61	*56
Adults at school talk to me about how to improve my work**	58	56	53	53	54	47	52	67	54	56	*46
I know my own targets and I am helped to meet them **	54	52	52	44	*48	50	46	54	47	56	43
Pupils' views make a difference in school **	57	57	45	53	52	50	59	58	57	55	47
<i>Numbers of pupils</i>	4097	292	111	32	709	76	266	125	268	112	164

Shaded = a significant difference was found in 2010.

BOLD* = Difference from All Y10 is statistically significant.

** = New question for the 2012 equalities analysis.

*** = Figures given as % of whole sample and may differ slightly from those given elsewhere in this or other reports.

**** = Different criteria used in 2012 and 2010

The Year 8 sample shows much the same pattern of highs and lows as we see here, although the percentages are different.

We will be working with this data set in more detail to explore connections like these which will help us plan services that best meet the needs of all young people in our schools.

Consultation with young people

Groups of secondary school pupils from a number of mainstream and pupil referral services across the county were given a selection of findings and asked to say which they thought were the most important. The findings most often selected as important were, with most common first:

- 57% pupils feel that schools deals with bullying well or very well
- 61% pupils feel the school prepares them for when they leave
- 55% of regular smokers would like to give up
- 3% of males and 2% of females drinking more than 14 units of alcohol last week
- 23% of Year 10s are sexually active
- 44% pupils report they enjoy half their lessons
- 18% have ever been offered cannabis
- 11% of males and 24% of females report receiving hurtful comments online
- 74% pupils report their school encourages everyone to treat each other with respect
- 39% of pupils whose achievements in and out of school are recognised
- 36% pupils who think their school realises when they don't understand
- 57% think adults at school talk to me about how to improve my work
- 47% report their opinions make a difference to how they learn

This report will be disseminated to:-

- Elected members
- North Yorkshire Children's Trust
- North Yorkshire Health and Wellbeing Board
- Headteachers and governors
- Children and Young People's Service Units
- North Yorkshire and York Primary Care Trust
- North Yorkshire Safeguarding Children Board
- North Yorkshire Safeguarding Adults Board
- Risky Behaviours Strategy Group
- North Yorkshire Police Community Safety and Police in Schools Partnership Group
- North Yorkshire Youth Council
- Corporate Community Engagement Group
- North Yorkshire Sport

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The Unit specialises in questionnaire surveys of children and young people for Local Authorities, PCTs, voluntary agencies, charities, schools and colleges and other partnerships. SHEU is also able to undertake consultation, monitoring and evaluation exercises, and bespoke research.

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